TREADLE & SPOOL

Harvest Table Runner

the whole-table refresh, one long rectangle at a time

from the sewing room at Granny Plants

What's inside:

- A reversible table runner sized for a standard dining table
- Two fabrics, no binding, fully finished on both sides
- Sizing guide for shorter or longer tables
- A companion piece to the Pumpkin Placemat & Napkin Set

Beginner-friendly — the same reversible-envelope method as the placemat, just longer. Fits tables seating 6-8 at the standard size.

Materials & cutting

You’ll need:

- Fabric A (top): one piece cut 16" x 72" (see sizing note below)
- Fabric B (backing): one piece cut 16" x 72"
- Lightweight batting or fleece: one piece cut 16" x 72" (optional, for body)

Sizing guide:

- Standard table (seats 6): 16" x 72" as listed above
- Small table (seats 4): trim to 14" x 54"
- Large table (seats 8-10): extend to 16" x 90" — you’ll likely need to piece the fabric

Measure your table and aim for 12-15" of overhang on each end for the classic drape.

Sewing it up

1. **Layer the sandwich.**
   Lay the batting down (if using), then Fabric B right side UP on top, then Fabric A right side DOWN on top of that.

2. **Sew around, leaving a gap.**
   Pin all layers together. Sew all the way around with a 1/2" seam, leaving a 6" gap along one long side for turning — longer pieces need a bigger gap than the placemat.

3. **Clip and turn.**
   Trim all four corners at an angle to reduce bulk. Turn the entire runner right side out through the gap — this takes a little patience with a piece this long. Poke out each corner gently.

4. **Press the whole length.**
   Press flat from end to end, folding the gap's raw edges in to match the rest of the seam as you go.

5. **Topstitch all the way around.**
   Stitch about 1/4" from the edge around the entire runner, closing the gap as you go. Take your time on the long sides to keep the line straight — a walking foot helps if you have one.

Granny's notes:

Runs beautifully under the Stuffed Fabric Pumpkins for a full harvest table display.
A busy print on one side and a coordinating solid on the other means one runner, two whole looks.
For a quilted look without the batting bulk, try a layer of flannel instead — adds body and drapes softer.